



Rekreační středisko **PALDA** Rovensko pod Troskami

Recreational centre Palda
and tips for trips in the Bohemian Paradise



Are you planning a holiday in the Bohemian Paradise or do you only want to stay overnight?

Allow us to offer you a year-round accommodation in the Municipal recreational centre "PALDA". It is located near the little town of Rovensko pod Troskami in a pretty and quiet place with a view of the Trosky castle. It is the ideal starting point for the lovers of biking and hiking.

The centre provides accommodation for families with children, school trips, package tours, sports training camps, seminars and company training courses. We offer accommodation in apartments, brick houses and huts. There is also a camping site and the possibility of board.

The apartments are located in hotel-type buildings with modern furnishings. 8 suites for 48 people are available. Every suite contains two bedrooms, a living room with a sofa, TV set, equipped kitchenette (fridge, cooker, electric kettle and cooking utensils), its own toilet and bathroom, terrace and balcony. Each bedroom has two beds with the possibility of one or two extra beds. Two suites are adapted for wheelchair access.

The two brick buildings provide accommodation for 37 persons – they house 1 to 6-bed rooms with bedding and shared sanitary installations (showers, washbasins, WC).

The 30 four-bed huts are for 120 persons – there are bunk beds for two persons with sleeping bags that have exchangeable internal lining, blankets and pillows. The showers and toilets are located in a separate building below the huts. This building contains showers with hot water, toilets, kitchenette with

cookers and tables for independent cooking. The board is available directly in the centre – you can choose from half board, full board or only breakfast. For school trips we can ensure all-day drinks and snacks.

The centre contains a large dining room with a terrace where you can buy confectionery, ice-cream and drinks, and also a meeting room with a fireplace, hearth, "small" football pitch and volleyball court and table tennis. We can ensure a sports ground for other sports activities, located in Rovensko pod Troskami only 2 km away from the centre.

There is a car park and bicycle safekeeping place in the centre.

The surroundings offer swimming, cultural monuments, castles, mansions, forests, "rock towns", ponds, romantic valleys, hiking and biking trails, bike rentals and bike repair services and horse-riding.

Directly at the centre there is a stop for summer tourist buses which also transport bikes.

The winter skiing centres in the Krkonoše -Mountains and Jizerské Mountains are in the distance of up to 40 km.

You can also use the smaller ski lifts in Kozákov (9 km) and Turnov (15 km).

How to get to the centre:

The town of Rovensko pod Troskami is located between the towns of Turnov and Jičín. Start from the Rovensko square, go past the Town Hall, post office and Czech Rails station. After 1.5 km you will see on the left the fenced grounds of the recreational centre. The way is well marked with orientation signs. The centre is located 1 km away from the Czech Rails station.

The sports ground in Rovensko pod Troskami contains a football pitch, volleyball and tennis courts with clay and artificial lawn, athletic sports ground including the running track with artificial surface, and a winter stadium with natural ice.

There are also regular cultural and sports events: Fairy-tale Forest (May), St. Wenceslas Pilgrimage (September).

Accommodation orders:

Recreational centre Palda, Liščí Kotce 10, 512 63 Rovensko pod Troskami
Tel. +420 481 381 180, mob. +420 724 195 959,
fax. +420 481 382 236, e-mail: palda@rovensko.cz

Municipal Information Centre Rovensko pod Troskami:

Komenského 107, 512 63 Rovensko pod Troskami
Tel. +420 481 381 050, e-mail: info@rovensko@tiscali.cz

- tips for trips
- information on accommodation
- maps, brochures
- postcards
- tourist stamps
- Internet
- WC, shower
- refreshment, out-of-doors meeting area



Dear friends of biking and hiking, we have prepared for you an offer of trips in the Bohemian Paradise. These are four biking and four hiking round trips starting in Rovensko pod Troskami.

Recommended biking trails

1. To the Kost castle

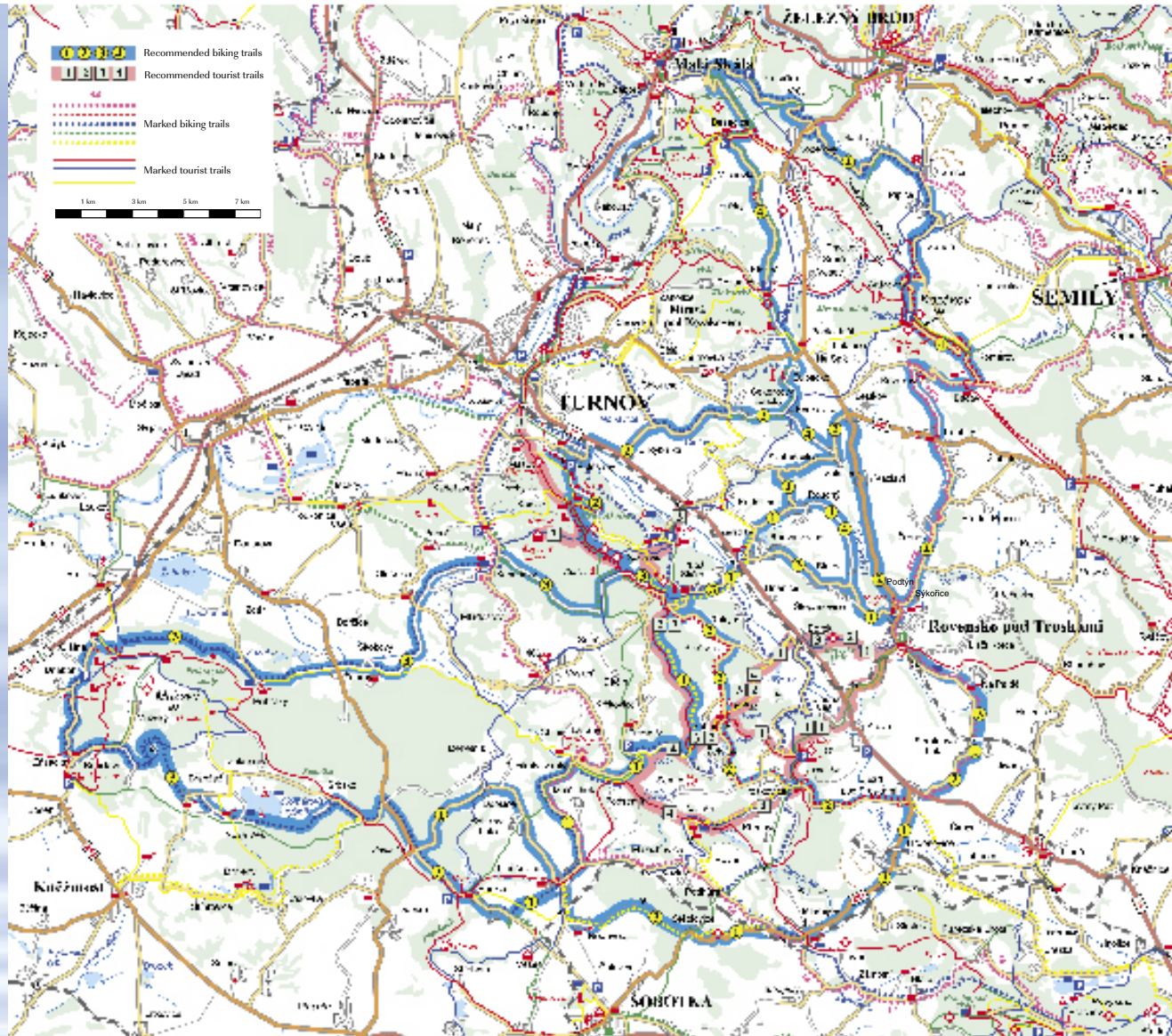
Start from Rovensko pod Troskami and follow the **biking trail No. 4176** past the **recreational centre Palda**. Go through Semínova Lhota, Újezd pod Troskami and cross the **main road No. 35**. Then follow the **road No. 281** through Hrdáňovice to Mladějov. Continue along the same road, which is also the **white biking trail**, to Stéblovce. Follow the **white biking trail** along a dirt road to Nepřívěc and Libošovice. Turn left to the **blue biking trail** and, passing the torso of the **Semtínská linden tree**, you will reach the **Kost castle**. Another **blue biking trail** will take you to the cross-roads U Pomníků. Turn right there and continue along the road through Dobšice and Rytířova Lhota to Libošovice. Turn left at the church and at the upper cross-roads follow the **blue biking trail** together with the **biking trail No. 14** to Pleskotský mlýn. Turn right and continue along the **blue biking trail** past the Věžický pond to the marked cross-roads in Želejov. From here, follow the **white biking trail** to the cross-roads at Hrubá Skála. Continue along the **white biking trail** through Doubravice and in Radvánovice cross the **main road No. 35**. Go along the **white biking trail** to the Roudný pond. Here continue along the road to Roudný, turn right, go through the hamlet and along the local road to Blatec. Turn left at the cross-roads and back to Rovensko, past the belfry with bells turned upside down (41.5 km).

2. Through Valdštejn to Trosky

Start from Rovensko, past the belfry with bells turned upside down, along the **road No. 282** through Václavův Lestkov. Turn left to Volavec and in the village to the right to the local tarmac road to Kvítkovice. Then follow the **green biking trail** to Sekerkovy Loučky. Follow the **blue biking trail** to Tři rybníky (Three ponds) where you will turn left and reach the **road No. 35**. ATTENTION! Turn right and after a short section turn left to Pelešany. Follow the sign to reach the car park below Valdštejn. Follow the **red biking trail** to the castle. The red biking trail will take you along the viewpoints with view of the "rock town" to **Hrubá Skála** and then, past the restaurant at the Vidláč pond, to Troskovice. Follow the **white biking trail** to the car park below the **Trosky castle**. From the castle go back to Troskovice and follow the **red biking trail** to Újezd pod Troskami. Go along the **biking trail No. 4176** through Semínova Lhota and Palda back to Rovensko (41 km).

3. To Branžež

Start from Rovensko and follow the **biking trail No. 4176** past the belfry along the road through Štěpánovice to Radvánovice to the **white biking trail**. Follow it through Doubravice to the cross-road before Hrubá Skála. Go straight to the **red biking trail** and past the **Hrubá Skála** mansion to Adamovo lože (Adam's bed) where the **green biking trail** starts, leading past **Arboretum Bukovina** to Kacanovy. Go to the **blue biking trail** and follow it to the left, past the swimming pool to the edge of Olešnice and then go through Skokovy and Zehrov to Příhazy. The **blue biking trail** continues through Olšina below Drábské světničky to Dneboh and Zásadka. The **white biking trail** leads from the cross-roads to the Valečov castle. You must return from the castle to the cross-roads in Zásadka and follow the **blue biking trail** to Branžež at the Komárovský pond (swimming, camp sites). The **blue biking trail** continues through Srbsko and the cross-roads U Pomníků to the **Kost castle**. Another **blue biking trail** leads past the torso of the **Semtínská linden tree** to Libošovice. Go from the upper cross-roads along the **yellow biking trail** through Nepřívěc and Stéblovce to Mladějov. Go straight at the main cross-roads, and, following the **road No. 281** through Hrdáňovice, you will reach Újezd pod Troskami. Follow the **biking trail No. 4176** through Semínova Lhota and Palda back to Rovensko (47 km).



4. Past Kozákov and Suché skály (Dry Rocks)

Start from Rovensko, following the **biking trail No. 4176** through Žerňov and Tatobity to the cross-roads in Bačov pod Kozákovem. Turn left and go uphill, following the **red biking trail**, through Komárov to the highest hill of the Bohemian Paradise – **Kozákov** (744 m above sea level, Rieger's hut, look-out tower). In the direction to Záhoří, go from the **red biking trail** to the **blue one**. Go through Záhoří, Smřčí and Dlouhý to Chloudek. At the edge of Koberovy, cross the Turov – Železný Brod road and follow the **blue biking trail** through Vrátno and Prošická past **Suché skály**. It is possible to reach **Malá Skála** from the cross-roads below the rocks, following the **blue biking trail**. Our round trip continues from the cross-roads below the Dry Rocks to the left along the **green biking trail** to Besedice. The **green biking trail** continues through Loučky and Klokoč past the rock castle called Roštejn. The same **green biking trail** will take you past the Na Špiici cross-roads to Dubecko (look-out tower) and to Kvítkovice. Turn left here and along the local road you will reach Volavec. Turn right here in the direction of Svatonovice and at its edge turn left to Roudný, where you will continue again to the left and through Blatec return back to Rovensko (41 km).

Recommended hiking trails

1. To Trosky castle

Walk from Rovensko along the **blue tourist trail** through **Borecké skály** (Borecké Rocks – sandstone rocks – natural monument, Čechova viewpoint) to Borek pod Troskami. Then follow the **yellow tourist trail** past the Rokytnák pond to the restaurant at the Vidláč pond. Continue to Trosky along the **red tourist trail** which is called the Golden Trail of the Bohemian Paradise. After visiting the castle, walk downhill along the **green tourist trail** to Ktová and walk along the road to Rovensko (12 km).

2. To Hrubá Skála and Hruboskalské "Rock Town"

Go by train from Rovensko to the "Karlovice – Sedmihorky" station. Follow the **green and blue tourist trails** to the former spa. Walk along the **blue tourist trail** to Prameny, where you will turn left to the **yellow tourist trail** which will take you to the symbolic climbers' cemetery and further to **Mariánská Viewpoint** and past the Adam's Bed to **Hrubá Skála**, where you can visit the castle tower. Follow the **red tourist trail**, walking downhill to Podtrosecká valleys to the restaurant at the Vidláč pond. Continue to the Rokytnák pond along the **yellow tourist trail** to Borek pod Troskami and then walk from the station along the **blue tourist trail** through Borecké Rocks to Rovensko (14.5 km).

3. From Hlavatice to Valdštejn

Go by train from Rovensko to the Turnov-město station. Walk along the **red tourist trail** past the Pod Hlavaticí boarding house to the look-out rock called **Hlavatice**. Continue along the **red tourist trail** to the **Valdštejn castle** and past the viewpoints with views of the "rock town" to the **Hrubá Skála** mansion. Approximately 1 km behind Valdštejn you can turn, following the **blue tourist trail**, to Jiřův Farm with Kopic Gallery (reliefs and statues hewn into rocks). From Hrubá Skála follow the **red tourist trail**, walking downhill to Podtrosecká valleys to the restaurant at the **Vidláč pond**. Continue to the Rokytnák pond along the **yellow tourist trail** leading to Borek pod Troskami and then walk from the station along the **blue tourist trail** through Borecké Rocks to Rovensko (16 km).

4. Through Podtrosecké valleys

Walk from Rovensko along the **blue tourist trail** through Borecké skály to Borek pod Troskami. Then follow the **yellow tourist trail** past the Rokytnák pond to the restaurant at the Vidláč pond and Věžický pond. At the cross-roads U Příbyla turn left to the **red tourist trail** and walk through Podsemínský mlýn (mill) to the restaurant at the Nebákov pond. Continue to Trosky along the **blue tourist trail** through the Svitávka camp site. After visiting the Trosky castle, walk downhill along the **green tourist trail** to Ktová and walk along the road to Rovensko pod Troskami (19.5 km).